

Stanton Health Center & Westside Regency 2018 COOKBOOK

301 17th Street PO Box 407 Stanton, NE 68779
Phone: (402) 439-2111 Office Fax: (402) 439-2132

Dear SHC Friends,

Stanton Health Center is creating a custom cookbook featuring YOUR favorite recipes! These cookbooks will be professionally published and are sure to be a treasured keepsake. Money raised will be used for fundraising projects such as St. Jude Children's Research Hospital and the Alzheimer's Association.

Please submit 3-5 (or more) of your favorite recipes so you can be represented in our cookbook. Many recipes will ensure that our cookbook is a great success! We are using Morris Press Cookbook's web site to easily submit your recipes online. If you do not have Internet access, our Cookbook Committee can enter them for you. Submit hardcopies of your recipes to Stanton Health Center PO Box 407 Stanton, NE 68779 or drop your recipes off in our business office at 301 17th Street.

We anticipate a great demand for our cookbooks, and we want to be certain to order enough. To reserve your copies, call, email, fax or mail to Shawnette Tomka at lifewellness@stantonhealthcenter.com with the number of cookbooks you will be purchasing. The slip below may also be given to anyone in our Business Office. SHC Cookbooks will be available for \$15.00.

Please submit your recipes online by **August 31st 2018** so we can meet our deadline.

Thank you!

To Submit Recipes Online:

- Go to www.typensave.com and click 'Login.'
- Enter the User Name: SHCCB.
- Enter the password: salt930 and click 'Submit.'
- Enter your name and click 'Continue.'
- Click 'Add Recipes' to begin adding your recipes.

Recipe Writing Tips:

- When adding recipes, review the "Tips" and use standard abbreviations.
- Only enter 1 ingredient per ingredient line.
- List ingredients in order of use in the ingredients list and directions.
- Include container sizes, e.g., (16-oz.) pkg., (24-oz.) can.
- Write directions in paragraph form, not in steps.
- Use names of ingredients in the directions, e.g., "Combine flour and sugar." DO NOT use statements like, "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Additional comments about the recipe (history, nutritional data, suggested uses, etc.) are not allowed unless a "Recipe Note" field is visible. Enter extra recipe content in that field.

I want a cookbook! Please reserve _____ cookbook(s) for me.

Name: _____

Address: _____

Return this slip to: Stanton Health Center
301 17th Street
Stanton, NE 68779