

July 2018 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 BIRTHDAY MEAL Fried Chicken Mashed Potatoes Peas Jello Cake With Ice Cream	2 Glazed Meatloaf Baked Potato Half/Sour Cream Peas & Pearl Onions Wheat Bread Strawberry Shortcake	3 Smoked Pit Ham Au Gratin Potatoes Spinach Whole Wheat Roll Pineapple upside Down Cake	4 Hot Dog on Bun Baked Beans Macaroni Salad Brownie	5 Salisbury Steak/Gravy Cottage Potatoes Brussels Sprouts Whole Wheat Roll Frosted Angel Food Cake	6 Salmon Patty Garlic Parmesan Pasta California Vegetables Whole Wheat Roll Chilled Peaches	7 Baked Ziti w/Sausage Italian Vegetables Garlic Bread Cheese Cake
8 Oven Fried Chicken Bacon Cheddar Potatoes Green Beans Whole Wheat Roll Cherry Pie	9 Hamburger Steak w/Onion Gravy Potatoes Buttered Corn Whole Wheat Roll Fruit Crisp	10 Herb Baked Chicken Baked Potato Half/Sour Cream Carrots Whole Wheat Roll Pear A La Cream	11 Beef Tips Buttered Noodles Beets Whole Wheat Roll Fruit Cup	12 Pork Chop Supreme Sweet Potatoes Cauliflower Cornbread Peanut Butter Chocolate Bar	13 Norwegian Fish Pesto Pasta Yellow squash Whole Wheat Roll Frosted Cupcake	14 Oven Fried Chicken Mashed Potatoes/Gravy Peas Biscuit Watermelon
15 Baked Ham Baked Potato Half Cabbage Wheat Roll Apple Pie	16 Crispy Ranch Chicken Hash Brown Casserole Sugar Snap Peas Wheat Roll Coconut Cake	17 Steak Tips w/Mushroom Sauce Mashed Potatoes/Gravy Buttered Corn Wheat Bread Oreo Delight	18 Pork Roast/Gravy Parmesan Potatoes Lima Beans Whole Wheat Roll Spiced Peaches	19 Swedish Meatballs Buttered Noodles Breaded Tomato Wheat Bread Caramel Cake	20 Cream Turkey Baked Potato Half/Sour Cream Peas Pearl Onions Banana Pudding	21 Citrus Grilled Ham Whipped Sweet Potatoes Sautéed Vegetables Whole Wheat Roll Blonde Brownie
22 BBQ Chicken Au Gratin Potatoes Baked Beans Cornbread Chocolate Cream Pie	23 Chicken Fried Steak Mashed Potatoes/Cream Gravy French Style Green Beans Whole Wheat Roll Chocolate Chip Cookie	24 Garlic Pepper Pork Chop Potatoes O'Brien Green Peas Whole Wheat Roll Bread Pudding	25 Lasagna Lettuce salad w/Dressing Garlic Bread German Chocolate Cake	26 Honey Mustard Chicken Baked Potato/Sour Cream Spinach Casserole Whole Wheat Roll Pound Cake w/Berries	27 Oven Fried Fish French Fries Creamy Cole Slaw Whole Wheat Roll Cherry Cobbler	28 Shepherd's Pie California Vegetables Whole Wheat Roll Watermelon
29 Pot Roast Potatoes & Onions Celery & Carrots Whole Wheat Roll Fruit Pie	30 Chicken Parmesan Marinara Sauce Buttered Pasta Italian Vegetables Breadstick Sugar Cookie	31 BBQ Brisket Corn Casserole Creamy Cole Slaw Whole Wheat Roll Rice Pudding				

