

December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Pot Roast Potatoes & Onions Celery & Carrots Whole Wheat Roll Cherry Pie	2 Swedish Meatballs Parsley Noodles Roasted Broccoli Whole Wheat Roll Cappuccino Brownie	3 Lemon Pepper Chicken Lima Beans Brussels Sprouts Wheat Bread Bread Pudding	4 Hamburger Pizza Tossed Salad W/ Dressing Wheat Bread Baked Apple Slices	5 Garlic Pepper Pork Loin/Gravy Rosemary Red Potatoes Squash Casserole Wheat Bread Cheesecake W/Fruit	6 Oven Fried Fish French Fries Cole Slaw Wheat Roll Peach Cobbler	7 Pinto Beans W/Ham Corn Casserole Cornbread Pineapple Cubes
8 Roast Turkey Poultry Gravy Bread Dressing Green Bean Casserole Whole Wheat Roll Pumpkin Pie	9 Chicken Fried Steak Cream Gravy Garlic Mashed Potatoes Spinach Wheat Bread Caramel Cake	10 Herb Baked Chicken Pesto Pasta Seasoned Zucchini Garlic Bread Spiced Peaches	11 BBQ Pork Fried Potatoes Ranch Beans Whole Wheat Roll Margarine Frosted Chocolate Cake	12 Meatloaf Gravy Baked Potato Half Sour Cream Broccoli W/Cheese Sauce Whole Wheat Roll Apple Brown Betty	13 Italian Crusted Fish Brown Rice Pilaf California Vegetables Whole Wheat Roll Lemon Bar	14 Crispy Oven Fried Chicken Poultry Gravy Mashed Potatoes Seasoned Cabbage Whole Wheat Roll Snickerdoodles
15 Baked Pork Loin Gravy Honey Roasted Sweet Potatoes Green Bean Casserole Whole Wheat Roll Apple Pie	16 Corned Beef Gravy Dill Potatoes Sauerkraut Wheat Bread Sherbet	17 Baked Rosemary Chicken Garden Rice Herbed Green Beans Whole Wheat Roll Frosted Angel Food Cake	18 Beef Tips Au Jus Parsley Noodles Cauliflower Au Gratin Wheat Bread Spiced Peaches	19 Glazed Chicken Brown Rice Pilaf Roasted Broccoli Whole Wheat Roll Tropical Fruit	20 Tortilla Chip Taco Salad Black Beans Spanish Rice Dressing Of Choice Frosted Pumpkin Bar	21 Brown Sugar Glaze Ham Au Gratin Potatoes Baked Beans Cornbread Spice Cake
22 Crispy Ranch Chicken Mash Potatoes Parslied Carrots Whole Wheat Roll Dutch Peach Pie	23 Pulled Pork Bbq Sauce Potato Salad Seasoned Broccoli Whole Wheat Roll Brownie	24 Roast Beef Baked Potato Half California Vegetables Whole Wheat Roll Strawberry Shortcake	25 Ham Scalloped Potatoes Green Bean Casserole Cranberry fluff Dinner Roll Apple Pie	26 Hamburger Stroganoff Noodles Seasoned Asparagus Whole Wheat Roll Cinnamon Pears	27 Chicken Quesadillas Black Beans Tossed Salad W/Dressing Ice Cream Sundae	28 Chicken Rice Casserole Southern Style Green Beans Wheat Bread Peach Cobbler
29 Baked Ham Sweet Potato Casserole Roasted Broccoli Wheat Bread Chocolate Cream Pie	30 Peppered Pork Loin Buttered Pasta Herbed Green Beans Whole Wheat Roll Spiced Cupcakes	31 Lasagna Italian Vegetables Garlic Bread Chocolate Chip Cookie				